

Discovering ... the clown within

Discovering ... the clown within

Nose to Nose
23 Post Horn Close
Forest Row,
East Sussex RH18 5DE
UK

Telephone: +44 (0) 1342 823410

Website: www.nosetonose.info
e-mail: mail@nosetonose.info

Corporate clowning at conferences

Fool View!

Have you ever wished a Court Jester could lighten up your meetings, business events or conferences?

Fool View! clowns come as your guests to listen and observe and at agreed moments "review" and comment on everything they've witnessed, much as Court Jesters did in the Middle Ages.

We bring cheekiness, impertinence and gentle chaos to your meetings. We promise that your business will be talking to each other in new and creative ways.

If you are curious about *Fool View!* ring **01342 823410** to talk with us or visit **www.nosetonose.info**

"Laughter is the shortest distance between two people"
Victor Borge

"Clowning has helped me initiate movement in deep levels of my soul. I have experienced shifts in my behaviour patterns that have extended far beyond the weekend workshop in clowning. The only explanation that I have is that practicing clowning untangles deeply bedded knots in the soul and shifts stuck energy in places that are not easily accessible. The results are difficult to describe, but highly tangible. The practice of putting myself on the line, facing my fear of standing on an empty stage with a miniature mask, has invited a transformative process on unconscious levels which in turn manifest on conscious levels."

"Clowning has helped me move closer to my intention of being an artist; the practice is assisting me in the process of exploring the experience of being fully present, fully aware and fully open. It is not a utopian idea."

Quotes from course participants

"Clowning is a celebration of all the things in life we try desperately not to be."





Sharon Usher
Terry Harrington
Jackie Moore
Paul MacDonald
Vivian Gladwell

THE NOSE TO NOSE TEAM

Founded by **Vivian Gladwell** in 1990, Nose to Nose brings together our diverse experiences in the fields of theatre, community building, teaching, storytelling, play therapy, counselling, Special Needs and organisational consultancy.

Our influence and training ranges from The Bataclown (France) and the Sacred Art of Clowning to Jonathan Kay's Theatre of Now and the Roy Hart Theatre.

OUR APPROACH

We are committed to small group sizes and to a person-centred approach that is respectful of each individual's path towards discovering his or her own clown.

As facilitators, we believe we stay true to the spirit of clowning when we flow with the creative process of each person, when we nurture its emotional expression and the emergence of the imagination and when we facilitate and free actors to find their own clown, unique and grounded in their relationship to the audience.

It is our belief that by focusing on the individual we are in fact going straight to the heart of clowning which is the search for authenticity both in the social or personal dimensions of our lives.

The approach to clowning we have developed over the years has important echoes both in the fields of personal growth with our **Clown Within** workshops - and in the fields of social mediation with our corporate clowning group **Fool View!**

In our workshops we have people from a wide range of professional and social backgrounds, of all ages, with or without previous experience of the theatre.

Many continue working with us because they find the freedom and playfulness of the work becomes vital for them.

For our course schedule or to know more about

Nose to Nose
ring **01342 823410**
email **mail@nosetonose.info**
or visit **www.nosetonose.info**

Course description

The Clown Within

Clowning is a state of playfulness that brings us to experience a childlike, naïve and vulnerable state of being ... and paradoxically we grow, learn and are strengthened through reconnecting playfully with what makes us most vulnerable. Our approach to clowning is not a technique (tricks, gags and routines) but a personal journey towards finding one's own unique way of being a clown. By listening and being receptive we learn essential skills for creative and imaginative expression. It is only when we let go our control over things that we begin to be surprised by what reveals itself to us.

Working with warm-ups, games and on the empty stage, we will find our inner clowns through improvisation, play and welcoming everything that emerges.



What happens in a workshop

We work in a group of no more than 12 people.

We warm up with physical and vocal games and exercises. We continue with improvisations on a stage - alone or with others. Each improvisation is discussed to identify and bring out the positive and important aspects of our clown and how it lives in us.

This is done with care and respect for each individual and within a framework of rules that ensures a secure and protected environment.



Nose to Nose

discovering
the clown
within

Clown events and courses in 2006

Introductory courses	Dates	Fee	Deposit required	Cheque payable to	Send booking to:
BRIGHTON INTRO DAYS	27 November 2005 1 April 2006	£40	£40	Evolution arts	Evolution arts and Natural Health 2 Sillwood Terrace, Brighton, BN1 2LR
INTRO AT BLACKTHORN	26-27 November 2005	£120 price includes meals but not accommodation.	£60	Blackthorn Trust	Jackie Moore, Blackthorn Trust, Saint Andrews Rd, Maidstone, Kent ME16 9AN
CLOWN, MOVEMENT AND DANCE	Weekend in March 2006 check website for exact date	£105	£50	Paul MacDonald	Nose to Nose, 23 Post Horn Close, Forest Row, East Sussex RH18 5DE
DISCOVER THE CLOWN WITHIN	10-11 June 2006	£120 residential, £95 non-residential.	£40	The Abbey Sutton Courtenay	The Abbey, Sutton Courtenay, Oxon, OX14 4AF
Ongoing weekends	Dates	Fee	Deposit required	Cheque payable to	Send booking to:
MORE SERIOUS CLOWNING 4 weekends	7-8 Jan 06 18-19 Feb 06 1-2 April 06 10-11 June 06	£480 price includes meals but not accommodation.	£150	Blackthorn Trust	Jackie Moore, Blackthorn Trust, Saint Andrews Rd, Maidstone, Kent ME16 9AN
TOWARDS PERFORMANCE 5 weekends	19-20 Nov 05 14-15 Jan 06 11-12 Feb 06 25-26 Mar 06 13-14 May 06	£495 Meals at £23 per weekend. Accommodation approx. £15 per night	£200	Vivian Gladwell	Nose to Nose, 23 Post Horn Close, Forest Row, East Sussex RH18 5DE
Weekends with special themes	Dates	Fee	Deposit required	Cheque payable to	Send booking to:
PLAYING WITH FIRE: Exploring conflict through clowning	10 - 12 March 2006	£105 2 nights at £15 per night Meals 2 days at £15 per day	£60	Emerson College	Ian Lawton, Emerson College, Forest Row, East Sussex, RH18 5JX, England
TAKING HEART: Clowning and Biography	19 - 21 May 2006	£105 2 nights at £15 per night Meals 2 days at £15 per day	£60	Emerson College	Ian Lawton, Emerson College, Forest Row, East Sussex, RH18 5JX
GAIA'S PLAYGROUND Exploring Clowning & Deep Ecology	26-28 May 2006	£173 single accom. £153 shared accom. £123 non-resident All prices include meals and refreshments (non-resident does not include breakfast)	£50	Hawkwood College	Hawkwood College, Painswick Old Road, Stroud, Gloucestershire, GL6 7QW
Intensive residential courses	Dates	Fee	Deposit required	Cheque payable to	Send booking to:
CLOWNING AS AN INNER JOURNEY	20 - 24 March 2006	£225 Accommodation £60 (4 nights at £15 per night) Meals £60 (4 days at £15 per day)	£75	Emerson College	Ian Lawton, Emerson College, Forest Row, East Sussex, RH18 5JX, England
ITALY Intercultural clowning in Southern Italy	3 - 9 May 06	£275 + £180 full board	£135	Vivian Gladwell	Nose to Nose, 23 Post Horn Close, Forest Row, East Sussex RH18 5DE
COURAGE TO BE	13-18 August 2006	£275 + £250 full board	£135	The Abbey Sutton Courtenay	The Abbey, Sutton Courtenay, Oxon, OX14 4AF

All courses are limited to 12 participants



Booking form

IMPORTANT: Please send a SEPARATE deposit cheque and booking form for EACH COURSE. You can either copy this form or print it off our website.

To book, check above for the following information:

1. The course title and date
2. Deposit amount for the course
3. Name cheque payable to
4. Address to send payment to

Make sure you know the total costs of the course (course fee + accommodation and meals)

Then complete this form and send it with your remittance to the appropriate venue.
For more information contact Terry Harrington at the following address or telephone (answer phone ONLY) +44 (0) 1342 823410

Nose to Nose, 23 Post Horn Close, Forest Row, East Sussex RH18 5DE. UK

email: mail@nosetonose.info
web: www.nosetonose.info

PLEASE NOTE

You can also book and pay online at www.nosetonose.info

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Nose to Nose 2006

Course programme

PAYMENT DETAILS (terms overleaf)

I enclose a COURSE FEE deposit of (see above) £

by CHEQUE, payable to (see above)

Signature

Date

news

Two-year clown Facilitator training 2006-2008

Starting in November 2006, this two-year course consists of ten weekend workshops and is open to anyone interested in deepening their understanding and practice of clowning and who either wish to facilitate or are already facilitating this work. Course pre-requisites are your experience of clowning and your enthusiasm for this work. For further details look at the course outline and application on this page.

ITALY again - in May 2006

Back by popular request. Here is another chance for seekers of sun, good food, laughter and the warmth of the Italian language in the beautiful Puglia region of southern Italy. Book early as there are only 6 places for the UK and it will also mean more chance of getting a cheap flight.

Evening Performances in 2006

4 Saturday evenings - 20.00 - 21.30

The "Towards Performance" course offers an opportunity for those curious to see our work. You are invited to Emerson College, in Forest Row and at Nutley Hall (~~see dates below~~) for four improvisation evenings.

- 14 January - Emerson College - Forest Row
- 11 February - Emerson College - Forest Row
- 25 March - Nutley Hall - Nutley
- 13 May - Emerson College - Forest Row

Nose to Nose performances - 20.00 - 21.30

There are also a number of performances from the Nose to Nose team coming up.

Bring a story and enjoy seeing how clowns can turn our everyday world upside down.

- Saturday 3 December 2005 - Emerson College
- Thursday 27 March 2006 - Emerson College
- ... and others. See website for more dates

A Nose to Nose School of clowning in the US

The ~~Rudolf Steiner Institute~~ is hosting *Nose to Nose* to run a school of clowning in the US. Starting in July 2006, courses are planned to run twice a year (Spring and Summer) over the next four years. The programme will offer an opportunity for those interested to pursue a progression in the work from level 1 to Social Clowning. A two-year facilitators' training is also planned that will enable this work to be carried and continued in the States. For more details please contact ~~mailto:info@nosetonose.info~~ or see the programme on our website www.nosetonose.info

Social Clowning

Look out for our weekends with special themes that aim to explore the social dimension of clowning.

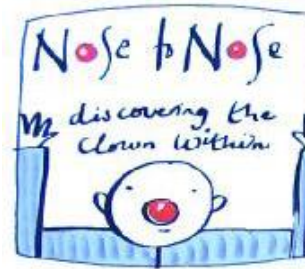
These weekend courses are the first of a series introducing the theme of the clown as social activist and will lead to a longer course in 2007 looking at the social role of the Court Jester or the Fool in our society.

E-newsletter

To receive updates and news on upcoming events and courses, you can subscribe by emailing us to ~~mailto:info@nosetonose.info~~ with the word SUBSCRIBE in the subject heading

Articles on clowning

There are many new articles and interviews on our website. Many can be downloaded from our website for free.



APPLICATION FOR CLOWN FACILITATOR TRAINING

The training essentially reflects our approach and philosophy of teaching clowning. It provides a practical and experiential grounding in the facilitation process.

LENGTH OF COURSE

It is a two-year course (November 2006 to June 2008). Each year consists of five weekends (Friday evening to Sunday afternoon) or ten weekends over two years. A further supervision period of two years is also planned for those who wish to deepen their practice of the work.

COST

£2000 Tuition only (£200 per weekend)
Payment by instalments is possible.

To apply you need to write or email giving an outline of your experience and your reasons for wishing to do the course.

Vivian Gladwell, Rue de Recurt, 65230 Castelnaud-Magnoac, France
email: vgladwell@aol.com

Your questions concerning the course and an assessment of its suitability for you will be done by interview (either by phone or at a meeting). You can find a brief course outline on our website. A detailed two-page course description will be sent to you after receipt of your application and the interview.

Application deadline is 31 August 2006.

Payment Terms

Cancellation

We regret that no refunds can be issued for cancellations unless a replacement can be found, as we are committed to our expenses. No refunds can be issued for failing to attend a booked course. Please remember to budget for your board and accommodation costs which are usually separate from our tuition fees. As groups are limited to 12 people, places will be allocated in the order received.

Book early

Our commitment to venue costs means we appreciate knowing early how many will be attending our courses.

Bursaries

We are pleased to be able to offer a few bursaries on our Clown 1 courses - limited number of places available. Priority will be given to first-timers, to students and to those on low incomes.

Paying online

You can also pay for your course online .

Booking form

Nose to Nose, 23 Post Horn Close, Forest Row , East Sussex RH18 5DE - +44 (0) 1342 823410 - mail@nosetonose.info - www.nosetonose.info



YOUR DETAILS

Name: Mr. Mrs. Ms Miss

Address

Postcode

Daytime phone

e-mail

Occupation

COURSE DETAILS

Course name

Course date

Dietary requirements. Please specify

Room requirements (if applicable)

My last course with Nose to Nose was

Introductory courses

BRIGHTON INTRO DAYS
Sunday 27 November 2005
Saturday 1 April 2006

Two Taster days at "Evolution Arts"

A 'taster' experience of the work of Nose to Nose with warm ups and some improvisations on the 'empty' stage.

Facilitator: Sharon Usher

Venue: Evolution arts and Natural Health, 2 Sillwood Terrace, Brighton BN1 2LR
phone: 01273 204204 - info@evolutionarts.co.uk
Course fee: £40

Book in advance with full payment (£ 40)

Times: 10.45 - 18.00

INTRO AT BLACKTHORN
26-27 November 2005

See More Serious Clowning
Facilitator: Vivian Gladwell
Venue: Blackthorn Medical Centre - Maidstone, Kent
Course fee and food: £120. Price includes meals but NOT accomm. Please send £60 deposit cheque payable to Blackthorn Trust, to Jackie Moore, Blackthorn Trust, Saint Andrews Rd, Maidstone, Kent ME16 9AN

Saturday 10.00 - 19.00
Sunday 09.30 - 17.30

DISCOVER THE CLOWN WITHIN
10-11 June 2006

For those who want to meet and experience their own unique inner clown. Through games, physical and vocal warm ups and fun we will gradually open up to the world of spontaneity, creativity, feeling and surprise which is the territory of the clown. No slapstick, no circus, but warmth and discovery through improvising on an 'empty' stage, alone and with others.
The course limited to 12 people.

Facilitator: Sharon Usher

Venue: The Abbey, Sutton Courtney, nr. Oxford
Course fee: £120 residential, £95 non-residential.

Starts Friday 19.30
Ends Sunday 12.30



CLOWN, MOVEMENT AND DANCE
Weekend in March 2006 - check website

A playful exploration of clowning through movement and dance

The clown frees us from having to conform to images of "good, beautiful or clever". If you have never danced or think you have no coordination then this is the course for you. In clowning, being the Ugly Duckling is OK and you will discover how simple, natural movements can become magical, poetic, profound and sometimes hilarious.

This weekend offers an ideal introduction to clowning.

No experience of dance or clowning is required. The course limited to 12 people.

Facilitators: Paul MacDonald - Terry Harrington

Venue: London
Course fee: £105

Starts Saturday 14:00
Ends Sunday 17:30

Weekends with special themes

**TAKING HEART:
CLOWNING AND BIOGRAPHY**
19 - 21 May 2006

Coming into dialogue with our own life story and listening to how another's life has unfolded, encourages us in our search to know ourselves and shape our future more responsibly and creatively. Through clowning and connecting to our playful spirit we can find the courage to be who we truly are.

In this workshop we will bring together working with our biography and clowning to inspire us to 'take heart' - to overcome the fears and obstacles and find a path to a renewed trust in life and ourselves.
Read more on website.

The course limited to 12 people.

Facilitators: Margli Matthews - Vivian Gladwell

Venue Emerson College, Forest Row, East Sussex
Tuition £105
Accommodation 2 nights at £15 per night
Meals 2 days at £15 per day

Starts Friday 19.30
Ends Sunday 14.00 after lunch

GAIA'S PLAYGROUND
Exploring Clowning & Deep Ecology
26-28 May 2006

"... if the activity to save the world doesn't give us joy, what's the point in having a world, and how will we have the wholeness and energy to carry on?"
Stephen Nachmanovich

The clown's exaggerated physical and emotional responsiveness gives us a heightened sensitivity to the world around us. What if the natural world could speak to us directly? What would it say? Through the clown's empathy and playful imagination, we open ourselves to the wonder and mystery that is Gaia's playground.
Read more on website.

The course limited to 12 people.

Facilitators: Chris Seeley - Vivian Gladwell

Venue: Hawkwood College, Stroud, Gloucestershire
Course fee: £173 course + single accom. £153 course + shared accom. £123 course + non-resident
All prices include meals and refreshments (non-resident does not include breakfast)

Starts Friday registration 16.00-18.00 supper 18.30
Ends Sunday 14.00 after lunch

THE NOSE TO NOSE PROGRESSION

LEVEL 1

This level grounds clowning in presence and authenticity. It nurtures one's own unique way of being a clown, through listening and being receptive.

The simplicity and spirit of the work at this level bring many participants back year after year. By connecting to our playful spirit we develop and sustain, in ourselves and each other, the heart to be who we truly are and to trust life and ourselves. This level nurtures the inward process, and is an invitation for overcoming the fears that block us from being fully present in the "Here and Now."

LEVEL 2

Level 2 shifts the focus towards structure and relationship. The more demanding aspects of this level come from a need to practice a responsiveness to and awareness of your partner on stage, your audience and the images, stories and characters that emerge during improvisation.

At this level, changes are introduced in the way the work is taught in order to bring greater insights into the techniques of improvisation and performance. Also new structures and themes bring greater challenges and rigour within the improvisations.

See overleaf for Level 3

PLAYING WITH FIRE:
Exploring conflict through clowning
10 - 12 March 2006

What insights can the clown and humour bring to the way we live with conflict in our lives? This course will introduce fundamental principles of clowning and conflict management and look at how they relate to each other. You will find practical tools to deal with conflict and experience how clowning can bring a light-hearted way of working with serious issues. Read more on website.
The course limited to 12 people.

Facilitator: Michael Jacobs - Vivian Gladwell

Venue: Emerson College, Forest Row, East Sussex
Tuition £105
Accommodation 2 nights at £15 per night
Meals 2 days at £15 per day

Starts Friday 19.30
Ends Sunday 14.00 after lunch

Ongoing Weekends

MORE SERIOUS CLOWNING
7-8 Jan 06 * 18-19 Feb 06
1-2 April 06 * 10-11 June 06

This course, now running into its fourth consecutive year, offers a space in which we can address, explore, and play out issues and experiences from our daily and professional lives. It aims to look at how clowning can empower and transform the way we act in the world. Organised by the Blackthorn Trust, joint winner of Good Practice award from the Foundation for Integrated Health in 2002. Since 1988, Dr. David McGavin has promoted clowning as a tool for changing the way we look at ourselves and communicate with others. He strongly recommends the course to doctors. See our web site for an article by Dr. David Wheeler (published in The GP Journal). *The course limited to 12 people.*

Facilitator: *Vivian Gladwell*

Venue: *Blackthorn Medical Centre - Maidstone, Kent* **Saturday** 10.00 – 19.00
Sunday 09.30 – 17.30

Course fee and food: £480 for the course of 4 weekends. Price includes meals but NOT accomm.. Please send £150 deposit cheque payable to Blackthorn Trust, to Jackie Moore, Blackthorn Trust, Saint Andrews Rd, Maidstone, Kent ME16 9AN

PLEASE NOTE:
If you are interested in joining us and are new to this work you will need to do our introductory weekend on 27–28 November 05.

TOWARDS PERFORMANCE
19-20 Nov 05 * 14-15 Jan 06 * 11-12 Feb 06 25-26 Mar 06 * 13-14 May 06

This advanced course is an ideal opportunity to practice improvising in public. From January onwards, each Saturday of the course will include an evening performance open to the public. The Sunday will focus on working with insights and feedback gained from the previous evening's performance. Key principles of Social Clowning will be introduced and will provide an important grounding for our planned Social Clowning course in 2006-07. Invite friends to our performances and expect some surprises.

At least two years of experience in clowning is a pre-requisite for this course.

The course limited to 12 people.

Facilitator: *Vivian Gladwell*

Venue: *Emerson College, Forest Row, E. Sussex* **Saturday** 10 – 19.00
Sunday 9.30 – 17.30

Course fee: £495 for the course of 5 weekends. Meals at £23 per weekend. Accommodation approx. £15 per night

THE NOSE TO NOSE PROGRESSION continued ...

LEVEL 3 - Social clowning

Level 3 borrows its techniques from the traditions of the Court Jester and the Fool.

At this level, we learn how:

- o by holding a mirror to life, the clown frees us to laugh at distorted reflections of ourselves and our world.
- o by putting the human heart back at the centre of life, the clown can reclaim and celebrate its paradoxes.
- o by juggling with social, symbolic and archetypal references, the clown exposes truths others dare not or cannot speak out.
- o by parodying the games of knowledge and power, the clown reveals not only the light and the shadows of our world but also affirms and celebrates our humanity.

Our guideline at this level is to free and renew the creative processes within ourselves and explore how to bring the clown's playful irreverence at the service of our relationship with others and within institutions.

Intensive residential courses

CLOWNING AS AN INNER JOURNEY
20 – 24 March 2006

A 5-day introduction to clowning.

Clowning is a state of playfulness that brings us to experience a child-like, naive and vulnerable state of being ... and paradoxically we grow, learn and are strengthened through reconnecting playfully with what makes us most vulnerable. This approach to clowning is not a technique (tricks, gags and routines) but a personal journey towards finding one's own unique way of being a clown, by listening and being receptive, essential skills for any creative and imaginative expression. It is only when we let go our control over things that we begin to be surprised by the depth of what reveals itself to us. Come for a weekend of letting go and freeing up.

The course limited to 12 people.

Facilitators: *Paul MacDonald - Vivian Gladwell*

Venue: *Emerson College, Forest Row, E. Sussex* **Starts Monday** 12.30
Ends Friday 14.00

Tuition £225
Accommodation £60 (4 nights at £15 per night)
Meals £60 (4 days at £15 per day)

THE COURAGE TO BE
13-18 August 2006

The word "courage" comes from a root that means "heart." Through clowning and connecting to our playful spirit we can develop and sustain, in ourselves and each other, the heart to be who we truly are, to trust life and ourselves. "Taking heart" is a profoundly inward process, and an invitation for overcoming the fears that block us from being fully present in the "Here and Now."

The course limited to 12 people.

Facilitators: *Sharon Usher - Vivian Gladwell*

Venue: *The Abbey - Sutton Courtney near Oxford* **Starts Sunday** 12.30
Ends Friday 14.00

Course fee: £275 + £250 full board

ITALY
Intercultural clowning in Southern Italy
3 - 9 May 06

7 day residential

Now in its third year, here is another opportunity to join six Italian clowns to explore in a safe and fun way what is new and unfamiliar in our lives. Set in the beautiful Puglia region of southern Italy, you will gain insights into Italian life and culture and meet others through the playfulness and authenticity of clowning.

In this course, half the group will be Italian (usually actors from different parts of Italy) with the other half consisting of a mix of different nationalities. As the course is taught in both English and Italian, a knowledge of either is helpful. *Read more on website*

A day is set aside for sightseeing.

The course limited to 12 people.

Facilitators: *Vivian Gladwell - Robert McNeer*

Venue: *La Luna Nel Pozzo, Ostuni, Italy* **Starts Wednesday** Late evening
Course fee: £275 + full board £180 **Ends Tuesday** Late evening



MORE COURSES IN THE PLANNING

Other courses are still being planned for summer 2006. Check our website for these other possibilities:

- **THE COURAGE TO BE**
Terry Harrington—Vivian Gladwell
July 06
- **THE CLOWN AS STORYTELLER**
August 06

COURSES OUTSIDE UK

7-11 Nov 05 GERMANY – nr Köln
<http://job.anthro24.de/calendar>
27-29 Jan 06 GERMANY – Witten
www.wittenannen.net
30 Jan – 3 Feb 06 SWITZERLAND - nr Lausanne
www.campbill-perceval.org/
4-9 Feb 06 FRANCE – The Cevennes
www.roy-hart-theatre.com
3-9 May 06 ITALY – Ostuni
See our website
10-21 July 06 USA – Vermont
www.steinerinstitute.org

Booking form - Print and send

YOUR DETAILS

Name: Mr. Mrs. Ms Miss _____

Address _____

Postcode _____

Daytime phone _____

e-mail _____

Occupation _____

Dietary requirements. Please specify _____

Room requirements (if applicable) _____

My last course with Nose to Nose was _____

PAYMENT DETAILS

I enclose my COURSE FEE deposit (*see terms*) of £ _____

by CHEQUE, payable to (*see information*) _____

Signature _____

Date _____

IMPORTANT:
Please send a SEPARATE deposit cheque and booking form for EACH COURSE.

To book

Complete this form and send it with your deposit cheque to the appropriate venue. Make sure you know the total costs of the course (*course fee + accommodation and meals*).

Receipt of your application

When we receive your application and cheque, we will acknowledge this by email or by mail (*if you do not have email*).

Confirmation of booking

Four weeks before the course - you will receive confirmation of your booking with instructions concerning the course - (*travel and time*). If course is full, we refund your payment.

Paying online

You can also pay for your course online at www.nosetonose.info

Book early

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Bursaries

We are pleased to be able to offer a few bursaries on our Clown 1 courses - limited number of places available. Priority will be given to first-timers, to students and to those on low incomes.

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As groups are limited to 12 people, places will be allocated in the order received.

Please tick the course you wish to book

<i>Introductory courses</i>	<i>Deposit required</i>	<i>Cheque payable to</i>	<i>Your choice</i>
BRIGHTON INTRO DAYS	£40	Evolution arts	£
INTRO AT BLACKTHORN	£60	Blackthorn Trust	£
CLOWN, MOVEMENT AND DANCE	£50	Paul MacDonald	£
DISCOVER THE CLOWN WITHIN	£40	The Abbey Sutton Courtenay	£
<i>Ongoing weekends</i>	<i>Deposit required</i>	<i>Cheque payable to</i>	
MORE SERIOUS CLOWNING 4 weekends	£150	Blackthorn Trust	£
TOWARDS PERFORMANCE 5 weekends	£200	Vivian Gladwell	£
<i>Weekends with special themes</i>	<i>Deposit required</i>	<i>Cheque payable to</i>	
PLAYING WITH FIRE: Exploring conflict through clowning	£60	Emerson College	£
TAKING HEART: Clowning and Biography	£60	Emerson College	£
GAIA'S PLAYGROUND Exploring Clowning & Deep Ecology	£50	Hawkwood College	£
<i>Intensive residential courses</i>	<i>Deposit required</i>	<i>Cheque payable to</i>	
CLOWNING AS AN INNER JOURNEY	£75	Emerson College	£
ITALY Intercultural clowning in Southern Italy	£135	Vivian Gladwell	£
COURAGE TO BE	£135	The Abbey Sutton Courtenay	£